

British Superbike School

HOW MUCH:

£289

THE NEXT STEP:

A day working with a coach on a one-to-one basis where you get the Flexion GPS datalogging and get your riding on video. This costs an additional £200.

ANY EXTRAS:

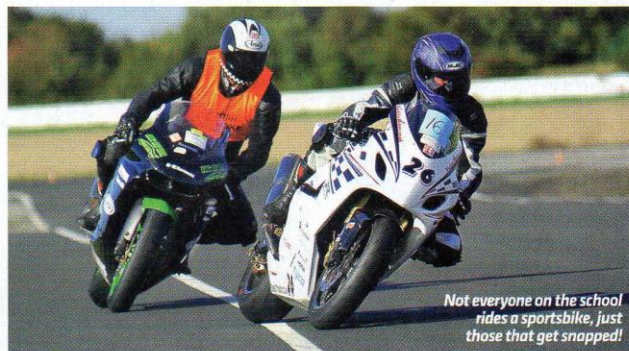
Drinks are provided throughout the day.

CONTACT:

www.britishtsuperbikeschool.co.uk

My Day: Rootsy on Level 2

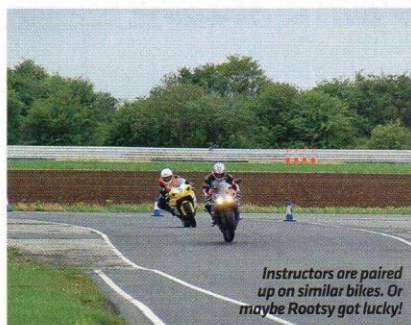
I turned up to Blyton and nearly turned back – it was a horrible, wet and windy day and was pretty close to being called off. But the weather looked better for later and after a brew the rain turned into drizzle and we were off. It's a very relaxed day, and I was partnered with instructor Andrew Fyfe. We had a chat about my experience and even offered me his wets, but we went out and got some laps in the wet under our belts. The school gives you the option of running Flexion datalogging, and after each session we checked out the data and set about correcting lines, turn-in points and body position. After this came a classroom session, which raised some interesting points, before it was out again. Thanks to the wind, the track dried really quickly and we had three dry sessions in the afternoon. The track is pretty good. Quite narrow, but it has some decent corners, where if you cock anything up you can just run out onto more Tarmac. Andrew pointed out more quirks with my riding and we set about remedying them, to great effect. I ended the day happy with the teaching, from an inauspicious start. Against the big schools with the big names it's easy to overlook this, but for those with mainly a road background, this is a good introduction into go fast safely. ▶



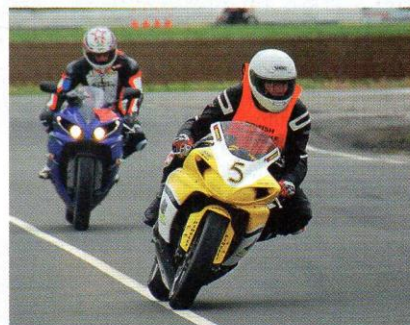
Not everyone on the school rides a sportsbike, just those that get snapped!



“WE SET ABOUT REMEDYING MANY OF MY RIDING ISSUES – TO GREAT EFFECT”



Instructors are paired up on similar bikes. Or maybe Rootsy got lucky!



WHERE

Blyton Park, Lincolnshire

WHEN

19th July
30th August
4th October

ON WHAT:

Your bike or a hire bike.

WHAT THE WEBSITE SAYS:

“The UK British Superbike School

provides a great circuit based motorcycle rider development day primarily for road riders with professional motorcycle circuit tuition from police rider instructors, ex-championship winners, +120mph TT riders and qualified RPMT Trainers dependent on what level of training you need.”

WHAT THIS MEANS:

This isn't a day for trackday nutters, more a quieter, less

intense school that provides plenty of track time, lots of detailed, personal instruction and a relaxed atmosphere where you can concentrate on putting all the teaching into practice.

INSTRUCTORS:

A variety of ex-racers, TT riders and RPMT trainers.

WHAT THE DAY INVOLVES:

Once you've found Blyton Park (a

task in itself, but a decent track), you get signed on and introduced to your instructor and your fellow pupils, the track and the day. Through the day you will get five sessions on track, where you'll go out and work with your instructor to achieve the goals discussed. You can come in for a quick chat in a session, then you'll get a debrief after a session before heading in for a classroom session that outlines the objectives for the next track class.